

# The Old Time Aura

## Energy bodies

- The Higher Mental Body
- The Lower Mental Body
- The Astral Body
- The Etheric Body
- The Physical Body

## Chakras

- The Crown Chakra
- The Pineal Chakra
- The Throat Chakra
- The Heart Chakra
- The Solar Plexus Chakra
- The Hara Chakra
- The Root Chakra

